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Cow-catchers cleared the way for rolling stock in the old days of the West... Ogdens' clears the tracks for rolling stock to complete satisfaction. It's a long-famous brand with a long-famous name—a blend of choice, ripe tobacco—It's Ogdens'!

Ogdens' quality for pipe smokers, too, in Ogdens' Cut Plug



The Eighth Army

DURING RECENT MONTHS the progress of Britain's Eighth Army in Africa rarely failed to occupy a leading position in the daily war news. During the early part of the fighting in Africa, the term "Eighth Army" had no special significance, but it is now the symbol of a great fighting force whose fame will never be forgotten. For two and a half years now, this force has fought on the desert and it has come to be known as "an army of young veterans." The aptness of this title is borne out by the fact that there are a number of battalion commanders who are under thirty, including several of twenty-three and twenty-four and there are brigadiers of thirty-five and thirty-six. All the armoured divisions of the Eighth Army are from the United Kingdom. The infantry includes the famous Fifty-First Highland Division, and the Fifth Division in which there are many men from the North of England. With them have fought troops from Australia, New Zealand, South Africa and India.

Supply Problem Ablly Handled

Much has been written of the magnificent leadership given to the Eighth Army by General Montgomery, under whom it made its epic advance from El Alamein to Tunisia. During this advance the Army was supported by the longest supply line used by any fighting force in the world in this war. The line stretched 12,000 miles, from Britain around the Cape of Good Hope to Egypt. To this line of communication by sea was added an ever-lengthening land line, as the army made its rapid advance. If it had not been for the perfect organization of the system of supply the progress of the army could not have been so swift, and great tribute has been paid to Lieut.-Gen. Sir Wilfrid Lindsay, who was in charge of this part of the campaign. In addition to the enormous quantity of regular supplies needed, there was the problem of bringing in fresh water which raised the daily 400-ton requirement of stores for an army division to 520 tons. We are told that all supplies, from tanks to cakes of soap were delivered on schedule, and that every man in the Eighth Army partook of a Christmas dinner.

Advance Marked Turning Point

The problem of repairs was also a great one in this highly-mechanized campaign. It is said that in the first month of the advance one thousand tanks were brought out of battle, repaired, and sent back into action. In one period of twenty-four hours eighty-eight heavy tanks were repaired in the battle area, thirty-six of them being done by one corps alone. This work was done by the Quartermaster General's Staff, supported by the newly-formed Corps of Royal Electrical and Mechanical Engineers, which have been equipped with the most modern vehicles behind the lines and in the battle area. The victorious advance of the Eighth Army in Africa has been one of the turning points towards an Allied victory, and its effect on the morale of the people of the United Nations has been very great. In the records of this war, the campaign of the Army in Africa will no doubt be treated as an event of outstanding significance.



HEALTH LEAGUE OF CANADA

VITAMIN A is the vitamin needed particularly for the eyes but it is also important for all the body tissues, especially the mucous membranes. If these are kept in healthy condition, we shall be less susceptible to infections, including colds. Vitamin A will not prevent colds, but by keeping the tissues of the respiratory tract healthy we are less susceptible to infection and any illness we may suffer as a result of infection is likely to be less severe.

A common condition due to Vitamin A deficiency is a form of night blindness; that means simply inability to see clearly in the dark. Our best and easiest, and also cheapest, way to get Vitamin A is from carrots. One carrot per day will give more than half the total amount of the body needs. One teaspoon of cod liver oil provides more than a day's requirement. Green vegetables, such as spinach and lettuce, and yellow vegetables, such as carrots, sweet potatoes and squash, contain large amounts of the vitamin. There is more than a day's needs in an average serving.

Vitamin A is not destroyed in cooking, so that this is one Vitamin easily provided, if we see to it that we get one yellow or green vegetable daily. Raw vegetables are always better as they contain more of the other vitamins and the minerals.

Recipe

Carrot Strips: Cut carrots (one medium root for each member of the family), into strips two or three inches long, one-quarter inch square. Crisp in ice water or cold water and serve at lunch or dinner. Carrot strips may also be given children between meals instead of candy.

Write to the Western Division Health League of Canada, 111 Avenue Road, Toronto, Ontario, for a Free Vitamin Chart.

First trademark was "9 stars," which was used by a food concern in ancient Carthage, which packaged fish sauce in hermetically-sealed containers.

Has No Securities

Rudolf Hess Could Not Touch Them

Rudolf Hess is still confined under the same conditions imposed on his arrival in this country following his mysterious flight from Germany in 1941. Foreign Secretary Eden told the House of Commons.

Answering the latest of a series of questions concerning Britain's most intriguing prisoner, Mr. Eden denied that Hitler's deputy had brought £15,000 worth of British securities to Britain or that any member of his family is here.

The question was asked by William J. Thompson, Labor, who said he understood the securities were "being used to pay for the keep of Hess and his family in this country."

Mr. Eden said Hess brought with him only a few mark notes, worth nothing in Britain, and that even if Hess had in earlier years made any investments in Britain, as an enemy prisoner he would not have been able to touch them.

LOSSES SLIGHT

Naval sources announced that more than 11,000,000 gross tons of Allied merchant shipping sailed to North Africa between Nov. 8 and May 8 with losses by enemy action of only 2.16 per cent.

New C.W.A.C. Head



Lieut.-Col. Mary Dover, of Calgary, Alta., who has been promoted from the rank of major, and assumes command of the largest women's training centre in Canada, at No. 3 C.W.A.C. (Basic) training centre, Kitchener, Ont.

Different This Time

Present War Has Been Kinder To Britain's Military Leaders

This has been a much kinder war to Britain's military leaders than the struggle of 1914-18. There has been no spectacular resignation and very little sacking. Generals have been removed from their posts and admirals transferred, but it has all been done in an atmosphere of finding other uses for their great abilities.

Wavell went to India after the reversion in Libya that followed the ill-starred Greek intervention. Auchinleck succeeded Wavell, but he, too, went when Rommel invaded Egypt. Admiral Sir Tom Phillips might have been recalled if he had not gone down with the Prince of Wales.

But on the whole there is no comparison with the ups and downs of the last war.

Almost at the beginning of the last war Prince Louis of Battenberg, the First Sea Lord, was brought down by public clamour. Then two admirals were dismissed by the escape of the Goeben and Breslau to Turkey.

With the courtliness of our race, Rear-Admiral Troubridge was honorably exonerated by a court martial, while the Board of Admirals declared that Admiral Sir Bersey Milne had done everything he could. But it was the end of both of them.

General Sir Ian Hamilton, commanding our forces in Gallipoli, refused to have anything to do with such a dangerous and cowardly move as the withdrawal from the Peninsula. That finished him.

Sir John French was recalled from his post as commander-in-chief after the heavy losses at the battle of Loos.

Lord 'Jack' Fisher, when First Sea Lord, pulled down the blinds of his office and went to work. He intended thereby to break Winston Churchill as First Lord. He succeeded as far as Churchill was concerned, but found he had pulled down the blinds on his own career.

Sir Hubert Gough was removed from his command of the Fifth Army after the German attack in 1918. Sir William Robertson, the C.I.G.S., who had risen from the ranks, quarrelled with Mr. Lloyd George, and lost the verdict. General Sir Frederick Maurice, while director of military operations, wrote a letter to the press blaming the defeat of 1918 on Mr. Lloyd George, "who kept a huge body of troops at home because of a panic, hypothetical invasion." And after a debate in Parliament Sir Frederick won.

Sir John Jellicoe won the Battle of Jutland and was "promoted" to First Sea Lord. His rival, Sir David Beatty, replaced him as commander-in-chief of the Home Fleet. Then Jellicoe went on a special mission to the Empire and Beatty took over as First Sea Lord.

After the war Jellicoe was given an earldom and £250,000. Beatty was given an earldom and \$500,000. That was Lloyd George's verdict on Jutland.

The wonder is that Haig survived. Mr. Damon Runyon would say: "He disliked Mr. Lloyd George more than any man," while Mr. Lloyd George took a much lower view of the commander-in-chief than did his ultimate biographer, Mr. Duff Cooper.



WINGS PARADE

R.C.A.F. - B.C.A.T.P.

LIST OF GRADUATES
The following students graduated under the British Commonwealth Air Training Plan from:

No. 11 Service Flying Training School, Yorkton, Sask., (Pilots)—
LAC P. Ames, Stearns, Sask.
LAC W. B. Britton, Eston, Sask.
LAC W. C. Brown, Wain, Alta.
LAC A. L. Dowling, Wilcox, Sask.
LAC D. D. Dwyer, Kerrobert, Sask.
LAC H. G. Glicks, Pown Lake, Sask.
LAC R. W. Harrison, Lorne, Sask.
LAC J. K. Kelle, Pown Lake, Sask.
LAC R. E. Linklater, Hurstman, Sask.
LAC N. H. Mayes, Eston, Sask.
LAC E. J. McLaren, Pown Lake, Sask.
LAC I. W. Patten, Benito, Man.
LAC R. E. Remick, Chalk Lake, Sask.
LAC J. F. Wyllie, Prince Albert, Sask.

LIST OF APPOINTMENTS
The following airmen have recently been commissioned in Canada. It was announced by Royal Canadian Air Force Headquarters:

Pilots
AWO 2 W. S. Curry, Bisset, Man.
Set. H. M. Leuchlin, Cartwright, Man.
AFS, C. P. Gervin, Lake Louise, Sask.
T-Sgt. D. A. Bridgton, Carman, Man.
Set. J. L. Miller, Brandon, Man.
Set. J. M. Norman, Hays, Sask.
Set. R. C. Jacobin, Yorkton, Sask.
Set. C. J. Wellman, Dauphin, Man.
Set. W. C. Kingsley, Birch Hills, Sask.
Set. H. Weichmann, Aylesbury, Sask.
Set. R. D. Fleming, Summerby, Sask.
Set. D. B. Burt, Wilkie, Sask.
Set. J. J. Smead, Souris, Man.
Set. R. J. Curry, Sheba, Sask.
Set. L. D. Cherry, Prince Albert, Sask.

Wireless Operator Air Gunner
Set. Roderick Fulton, Dauphin, Man.

Navigator
Set. J. P. Leydon, Eston, Sask.
Set. H. F. K. Bates, Broadview, Sask.
Set. H. P. Ford, Nelson, Ont.
Set. D. B. Warren, Yorkton, Sask.
Set. J. L. Miller, Brandon, Man.
Set. J. M. Norman, Hays, Sask.
Set. R. C. Jacobin, Yorkton, Sask.
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No Energy Wasted
New Airplane Engines Produce Electricity During The Test Run

After years of idle running on test-stands for the breaking-in process, new airplane engines have been given useful work to do. Hooked up with an ordinary electric generator of the type normally driven by a Diesel engine, one engine can produce about 2,000 kilowatt-hours of electrical energy during its test run. Every newly completed aircraft engine is given what engineers call a "green" run in a special test cell, then it goes back to the factory to be taken apart, inspected and reassembled for the final break-in run. Generators thus used in one factory produce more than 4,000,000 kilowatt-hours, worth about \$24,000, which is enough to drive the factory's lathes, drills, grinders, boring machines and other tools used in manufacturing the engines, as well as to light the factory.

They also aid in the tests, since by measuring the electricity generated engineers can tell whether the engine is running properly.—Popular Mechanics.

The Poultry Industry
Now Faced With Greatest Demand It Has Ever Known

The poultry industry of Canada during the last 12 months will be faced with the greatest demand for eggs and poultry it has ever known. At least 100,000,000 dozen eggs will be required for export alone to several countries. In addition, the requirements of the armed forces have doubled since the first year of war and the civilian domestic situation is demanding more and still more eggs.

Every failure teaches a man something if he will learn.—Charles Dickens.

If what shone afar so grand, Turn to me in my hand, In the struggle, not the prize.

—R. M. Milnes

Growth is governed by intelligence; by the active, all-wise, law-creating, law-disciplining, law-abiding Principle, God.—Mary Baker Eddy.

The improvement of the understanding is for two ends; first, our own increase of knowledge; secondly, to enable us to deliver that knowledge to others.—Locke.

We cannot flatter ourselves that we have understood a truth until it is impossible for us not to shape our lives in accordance with it.—Master-Link.

2517

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Chinook United Church

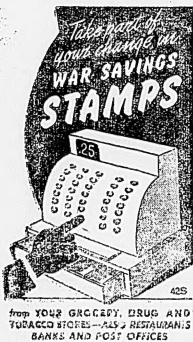
Rev. R. W. French, B.A.
Service will be held in the
United Church every Sunday
11:45 a.m.
Sunday School 10:30

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Or
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PIANO FOR SALE
Apply to Mrs. J. Aitken.

Born—To L. A. C. and Mrs.
K. J. Ford in the Pincher
Creek hospital on May 15th
daughter.

Mr. Charyk who was called
to Calgary in connection with
education last week, returned
Wednesday morning.

The Ladies' Card Club met
Tuesday evening at the home
of Mrs. Pfeiffer. Honors were
shared by Mrs. Wilson and
Mrs. Nicholson.

A very dainty lunch was
served by the hostess. The
Club will next week at the
home of Mrs. Nicholson.

Mrs. Ryan of Vancouver, who
has been visiting at the home
of Mrs. R. Morrison for a few
weeks, returned Tuesday.

Sunday School will be held
as usual at 10:30 a.m.

SPECIAL CHURCH
SERVICE

The United Church of
Canada Rural Life Sunday,
will be held May 30th, 1943
at 3 p.m. All are cordially
invited to attend.

Don Nicholson has enlisted
in the Canadian Active Army,
and will leave for Toronto June
3rd, when his leave of absence
expires.

Chinook Girls Softball team
entered Youngstown Sports win-
ning their first game against
Youngstown and losing the final
against Owen.

PREMIER
ABERHART
DEAD

The Advance joins with the
entire population of Alberta in
mourning the passing of our
premier, William Aberhart.

Mr. Aberhart held the por-
folios of Attorney General and
Minister of Education, and
will long be remembered for
his great work in furthering
the cause of progressive edu-
cation in this province.

Wheat Quota
Up 1 Bushel

Ottawa, May 14 (CP)—Trade
Minister, Minister MacKinnon,
announced in the House of
Commons that the maximum
wheat delivery quota is being
raised from 14 bushels to 15
bushels an authorized acre
"as quickly as elevator space
permits".

May Burn Mouse-damaged
Barley Crops

In a number of districts in
Central Alberta some of the
barley crop has proved to be
so badly mouse-damaged that
the cost of threshing and labor
is not worth taking up the crop.

This is very spotty, but the
spots that are bad are really
bad. One farmer east of Red
Deer is planning on setting
fire to the stubs and stubble
on about 30 acres. It was
learned that a few farmers
well to the southeast, east of
Olds, have done the same.

Others have taken the same
action, but of course, it is not
general by any means, and
might be considered the
exception.

MEAT
RATIONING EFFECTIVE THURSDAY, MAY 27TH

After midnight May 26th, it is unlawful for a consumer to buy rationed meats and for anyone to sell rationed meats to a consumer except on surrender of valid ration coupons.

WHAT MEATS ARE RATIONED?

Beef, Veal, Pork, Mutton and Lamb.

WHAT MEATS ARE NOT RATIONED?

Poultry and Fish are not rationed. "Fancy" meats such as Heart, Tongue, Liver, Kidney, Brains, Sweetbreads, and cooked sausages such as Wieners and Bologna are not rationed. Meat cuts containing 50% or more of bone such as spare-ribs, oxtails, and pigs' feet are not rationed.

HOW MUCH RATIONED MEAT AM I PERMITTED TO BUY?

An average of two pounds per week per person. You get less of meats containing no bone and more of meats containing considerable bone. See the chart of coupon values below.

WHAT COUPONS DO I USE WHEN BUYING MEAT?

The brown Spare "A" coupons from your No. 2 ration book—the book you are now using to buy tea, coffee, sugar, and butter.

HOW OFTEN CAN I BUY MEAT?

Two coupons become good each Thursday. The first pair of No. 1 coupons become good May 27th. Each coupon is good for 1/2 of one week's ration.

HOW LONG DO COUPONS REMAIN GOOD?

Coupons becoming good before the 15th of a month are good until the end of that month. Coupons becoming good on or after the 15th of a month are good until the end of the following month.

DO I HAVE TO USE THE TWO COUPONS AT THE SAME TIME OR IN THE SAME STORE?

No. You can use a coupon at any time during the period in which it is valid, and in any store you wish.

CAN I BUY ONLY ONE KIND OF RATIONED MEAT WITH A COUPON?

No. You can buy whatever rationed meat is available and as many kinds as you want providing the coupon value is not exceeded.

MEAT COUPON VALUE CHART

GROUP A—BEEF COUPON			
SMOKED MEATS	PORK CURED	COOKED MEATS	
Back Bacon (Sliced and Rindless)	Boneless Back (Sliced, Not Smoked or Cooked)	Butt (Boneless)	Butt (Boneless)
Side Bacon (Sliced and Rindless)		Cottage Roll (Boneless)	Any Uncooked Group "B" Cuts—when Cooked
GROUP B—LAMB OR MUTTON COUPON			
BEEF - FRESH or CURED	LAMB or MUTTON - FRESH	PORK - FRESH	PORK - SMOKED
Chuck Roast or Steak (Boneless)	Frontquarter (Boneless)	Back (Boneless)	Back Bacon (in the piece)
Flank Steak (Boneless)		Butt (Boneless)	Boneless
Hind Shank Meat (Boneless)		Ham (Boneless)	Cottage Roll (Boneless)
Minute Steaks and Cube Steaks (Boneless)	Cutlets and Fillets (Bone in)	Ham, Centre Cuts (Bone in)	Ham (except Shank End, Bone in)
Neck (Boneless)	Front Roll (Caul Wrapped, Boneless)	Picnic (Boneless)	Ham, Skinless (Boneless)
Roasted Rib (Boneless)	Leg Roll (Caul Wrapped, Boneless)	Picnic Skinless (Boneless)	Picnic (Boneless)
Round Steak or Roast (Bone in)	Round (Bone in)	Shoulder Roll (Boneless)	Pork Roll (Boneless)
Sirloin Tip (Boneless)	Stewing Veal (Boneless)	Ham Butt Roll (Boneless)	Side Bacon (in the piece)
Stewing Beef (Boneless)	Tenderloin	Ham Centre Slices (Bone in)	
Tenderloin		Pork Roll (Boneless)	
		Shoulder Roll (Boneless)	
GROUP C—BEEF COUPON			
BEEF - FRESH or CURED	LAMB or MUTTON - FRESH	PORK - FRESH	PORK - CURED
Brisket Point (Boneless)	Centre Loin Chops (Bone in)	Belly Pork (Bone in)	Ham, Butt End (Bone in)
Flank (Boneless)	Loin (Flank off, Kidney and Suet out, Bone in)	Ham, Butt End (Bone in)	Ham, Shank End (Bone in)
Front Shank Meat (Boneless)	Patties (made from Necks and Flanks, Boneless)	Ham, Shank End (Bone in)	Ham, Whole (Bone in)
Front Shank (Centre Cut, Bone in)		Ham Trimmed (Bone in)	Picnic, Hock On or Hock Off (Bone in)
Hamburger		Loin, Centre Cut Chops (Bone in)	
Plate (Boneless)	VEAL - FRESH	Loin, Centre Cut (Bone in)	PORK - SMOKED
Porterhouse Steak or R. as (Bone in)	Blade (Bone in) and Neck off	Loin, End Cuts (Bone in)	Ham, Shank End (Bone in)
Rib Roast or Steak (Bone in)	Shoulder Knuckle cut	Loin, Whole (Bone in)	Ham, Whole (Bone in)
Rump (Round and Square End, Bone in)	Loin Chops (Centre Cut, Bone in)	Picnic, Hock On or Hock Off (Bone in)	
Sirloin Steak or Roast (Bone in)	Patties (Boneless, made from Shanks, Necks, Flanks)		
Short Rib Roast (Bone in)	Round Bone Shoulder (Bone in)		
T-Bone Steak or Roast (Bone in)	Rump (Bone in)		
Wing Steak or Roast (Bone in)	Sirloin Roast or Cutlet (Bone in)		
GROUP D—LAMB OR MUTTON COUPON			
BEEF - FRESH or CURED	LAMB or MUTTON - FRESH	VEAL - FRESH	PORK - FRESH
Blade Roast (Bone in)	Flank (Bone in)	Breast (Bone in)	Hock (Bone in)
Brisket Point (Bone in)	Front (Bone in)	Flank (Bone in)	Sausage
Chuck Roast (Bone in)	Hind (Bone in)	Front Shank (Bone in)	
Front Shank, Whole or Knuckle End (Bone in)	Leg (Bone in)	Hind Shank (Bone in)	PORK - CURED
Neck (Bone in)	Loin, Flank on (Bone in)	Leg, Shank Hal (Bone in)	Hock (Bone in)
Plate, Brisket (Bone in)	Rack (Bone in)	Leg, Whole (Bone in)	Mess (Bone in)
Round Bone Shoulder Roast (Bone in)	Rib Chops (Bone in)	Loin, Flank on (Bone in)	Short Cut Back (Bone in)
Sausage, Fresh		Neck (Bone in)	
Short Ribs (Roasting, Bone in)		Rack (Bone in)	PORK - SMOKED
		Rib Chops (Bone in)	Hock (Bone in)

MEAT RATIONING AS IT AFFECTS FARMERS

Farmers may slaughter their livestock for their own consumption—but must turn in to the Local Ration Board at the end of each month, 1 coupon for each two pounds of their own slaughtered meat consumed on their own premises. Farmers need in no case surrender more than half the number of each month's valid coupons for such home slaughtered meat.

The remaining half of farmers' meat coupons may be used for ordinary retail purchases of meat, on the basis of coupon values as shown on the chart above.

Farmers may supply meat from their own slaughterings to other farmers for consumption on their own farm premises. Local farmer "Beef Rings" are also permitted. Farmers providing meat to other farmers, or "Beef Rings", must collect meat coupons on the basis of 1 coupon for each two pounds of meat, gross weight. Self-addressed and stamped envelopes for mailing in coupons can be secured at your Local Ration Board.

CONSUMER MEAT IN LOCKERS

Before June 30th all consumers (including farmers) who store meat in lockers must declare in writing to the nearest Branch of the Ration Administration, the quantity of rationed meat they have in storage over and above eight pounds per person in the house-hold. Declarations must be accompanied by sufficient coupons from the ration books of the locker holder and his household, to cover the quantity of declared stored meat, at the rate of 1 coupon for each two pounds of any meat in the above groups.

The number of coupons to be declared by the locker user need not exceed more than 50% of the total meat coupons in the possession of himself and his household. Locker users may retain for retail purchasing one of each similarly numbered pair of coupons.

RATION ADMINISTRATION

THE WAR TIME PRICES AND TRADE BOARD

NOTICE
TO THE MEAT TRADE

Retailers of meat must collect coupons for any rationed meats sold on or after May 27th. They need not turn in coupons to their suppliers for meat purchased up until June 10th. This arrangement is made to enable them to build up stocks. A Special Food Bulletin giving complete details of meat rationing is being mailed to all food stores.